



March 2021 – March 2022 ANNUAL REPORT

Chengetai



Our mission

"To advocate for accessibility and affordability of sanitary wear for young girls in Zimbabwe."

Our vision

"Every woman will have access to menstrual hygiene tools and education in a society that is free of period poverty."

Our History

Chengetai was founded in March of 2019 by a group of young individuals motivated to help girls in Zimbabwe who struggle to obtain sanitary wear. Chengetai's motto is "Chirere mangwana chigozokurerawo", which loosely translated, is to "nurture a child today, tomorrow she will nurture a nation".

We seek to provide ease of access to sanitary wear to Zimbabwean girls and women who are unable to have a smooth sail during 'that time of the month.' This problem impacts the girls in various spheres of their lives including and not limited to continuous education, available sanitary facilities, freedom of movement and lack of confidence.

Throughout the years, we have expanded our programmes to be inclusive of men such as to bring forth to the community that the problem of period poverty is one to be tackled by every member of the community.

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ABOUT US

Chengetai is a group of young individuals motivated to help girls in Zimbabwe who struggle to obtain sanitary wear. Chengetai's motto is "Chirere mangwana chigozokurerawo", which loosely translated, is to "nurture a child today, tomorrow she will nurture a nation". We seek to provide ease of access to sanitary wear to Zimbabwean girls and women who are unable to have a smooth sail during 'that time of the month.'

This problem impacts the girls in various spheres of their lives including and not limited to continuous education, available sanitary facilities, freedom of movement and lack of confidence.

Due to the unstable economic situation in Zimbabwe, the average Zimbabwean girl is unable to have ready access to sanitary wear. This has resulted in approximately 72% of these girls not having access to pads, according to the SNV Netherlands Development Organisation. This results in the use of rags, cow dung or grass and leaves during their menstrual cycle.

The average pack of disposable pads has risen to approximately \$3-\$7 for a pack of 10. With each girl needing approximately 4 packets every month, this tallies to US\$12 -\$28. With an average Zimbabwean family earning a mean monthly income of US\$300, where there are multiple women in one family, this could easily amount to \$90-\$100 per month. In comparison, a pack of reusable pads of approximately 5 pads costing \$5 with each lasting 8 - 18 months.

OUR PEOPLE

Board members/Trustees

Name	Position	Dates acted (if not for whole year)
Ratidzo Mutangadura	Chairperson	March 2021 - March 2022
Tinashe Chikava	Vice Chairperson	March 2021 - March 2022
Tafadzwa Saburi	Treasurer	March 2020 - March 2021
Kudzaishe Mtasa	Events Coordinator	March 2021 - March 2022
Nyasha Mvumi	Outreach Coordinator	March 2021 - March 2022
Rudo Masendeke	Co - Social Media and Marketing Coordinator	March 2021 - March 2022
Tariro Kambeu	Secretary	March 2021 - November 2022

Sub-Team Members

Name	Position	Dates acted
Tatenda Kambeu	Social Media Team Member	April 2021 - March 2022
Waraidzo Mvumi	Social Media Team Member	April 2021 - March 2022
Sisasenkosi Muguwu	Social Media Team Member	April 2021 - March 2022
Ndaghakyala Mushani	Social Media Team Member	April 2021 - October 2021
Nkosiphile Brian Ngwenya	Publications Team Member	August 2021 - March 2022
Yawiso Mkango	Publications Team Member	August 2021 - March 2022
Hlengiwe Ncube	Outreach Team Member	August 2021 - March 2022

Volunteers

Name	Position	Dates acted
Tatenda Kambeu	Ambassador	11 th April 2021
Waraidzo Mvumi	Ambassador	11 th April 2021

Ambassadors

- Tanaka Chibaya
- Bumbelihle Danisa
- Rufaro Gora
- Tariro Kambeu
- Tatenda Kambeu
- Amanda Khupe
- Tinotenda Mandizvo
- Valerie Matema
- Tinashe Mugari
- Sisasenkosi Muguwu
- Chibwe Musaba
- Ndaghakyala Mushani
- Ruvarashe Mutangadura
- Theresa Mutangadura
- Tanatswa Mutangadura
- Waraidzo Mvumi
- Hlengiwe Ncube
- Rudaviro Nzenze
- Charmaine Sanyika
- Tatenda Serere
- Janet Simonsen
- Sandra Terera

Patron

Chenesai Mukora - Mangoma

Trustees (Chengetai Team)



Ratidzo Mutangadura
Chairperson



Tinashe Chikava
Vice-Chairperson



Tafadzwa Saburi
Treasurer



Kudzaishe Mtasa
Operations Coordinator



Nyasha Mvumi
Outreach Coordinator



Rudo Masendeke
Social Media and
Marketing Coordinator

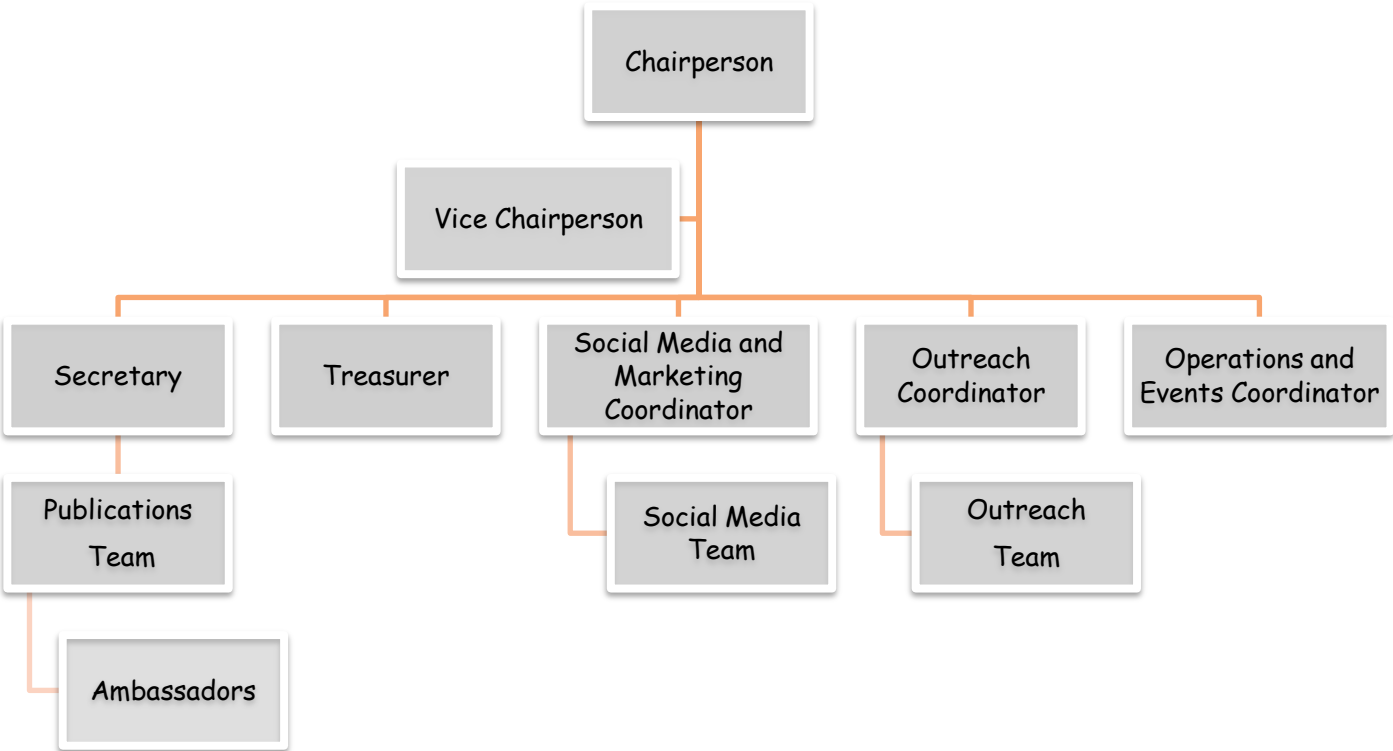


Tariro Kambeu
Secretary

SECTION 2

GOVERNANCE

STRUCTURE & MANAGEMENT



REPORTS

CHAIRPERSON'S REPORT



Ratidzo Mutangadura
Medical Doctor (MBBS)

2021 - 2022 year marked our 3rd active year as Chengetai. We experienced both great leaps forward as well as steps backwards, nonetheless through our combined efforts and the continued support from the Chengetai Community stretching from all corners of the world we were able to achieve our objectives in more diverse ways than we ever thought to be possible. We continued to base much of our work on advocacy and awareness through our online platforms which has allowed to establish a greater online presence.

We started the year off with an outreach where we partnered with the Mandara SDA Church and Pundutso Youth Guidance and Mental Health (PYGM) for a day of chatting about womanhood and of course learning how to make the reusable sanitary wear. We had a number of men from the surrounding community join us on this outreach which made it all the more exciting as more and more men are not viewing the ongoing period poverty pandemic as a womans' issue but as an everybody issue which shows a shift in mentality within the society regarding community problems concerning women.

We also had the privilege of carrying out outreaches at Foundation of Hope, Epworth and Ngonidzashe and Lords Orphanage, Kambuzuma towards the end of the year. It was great to get back into the swing of it all while observing COVID-19 restrictions, it fills our hearts with joy knowing that we are back fulfilling the Chengetai vision once again.

We continued on to have an online pad making teaching session with the Zimbabwe Medical Students Association as they intend on teaching surrounding communities about menstrual hygiene management, it is truly amazing to know that more communities than we can reach as Chengetai will be able to access MHM information.

We have continued with our online weekly posts, namely, #MotivationMonday with the aim of starting the week with a positive and encouraging word, #FantasticFemaleFriday which brings to the light the amazing achievements of women both before us and now from all walks of life, races, religious and cultural backgrounds and the newest one #WellnessWednesdays.

#WellnessWednesdays has covered educational tips for people of all ages, both male and female and nutritional education. Our social media team has been able to consistently provide us with such rich content as it has grown and had more great minds contributing to the cause.

In addition, we also introduced 'And That's On Period,' our Instagram television series. The thought behind this was to give some insight to our community world over the depth of issues we discuss amongst ourselves as well as during outreaches. We have had the privilege to have guests such Amanda Ngcono Mbowane, Chenesai Mukora-Mangoma, Dr Diana Anashe Mandewo, Tarisiro Fundira, Ayman Sayyed, Dr Tanatswa P.S. Mutangadura and Sandile Nkala.

Menstruation and issues concerning its social, cultural and religious perspective as well as the impact of poorly addressed medical menstrual issues were broad to light and the stark reality of their impact were brought to the forefront hopefully triggering some thought to the multidimensional problem we have at hand.

As Chengetai we believe that the more hands we have on deck, the better. With this said, our Social Media Team is not the only team which grew. Lead by our secretary, the publications team also expanded to include 2 additional members, this expansion has allowed us to release our newsletters in English, Shona, Ndebele and Chichewa. Our goal is to expand Chengetai beyond Zimbabwean borders. We view this as a small step towards fully introducing our concepts as Chengetai to Malawi and hopefully more countries in the near future!

Our partnership with Simuka who are based in Spain and has continued. Our goal is to provide a community friendly, ECO-friendly sanitary pad as we explore new possibilities in pad technology. We have faced some challenges mainly due to the COVID-19 pandemic, with this said we have not stopped the discussion and are happy to report a pick up in the progress.

We were privileged enough to be the Incorporate Zim Charity of the Year. What an honour it has been to have their unwavering support through all we have done.

We were featured by Project Inspire Africa to discuss Chengetai what we do and stand for in hopes that as we were inspired by those before us we can inspire those who come after us that through team work and continued community support we can tackle our problems one by one.

As the Chengetai community we continue to maintain the perspective that every challenge provides an opportunity for us to further diversify and expand beyond our wildest imaginations. This has all been made possible by your unrelenting support of our work to open up the dialogue around menstruation and contribute to combatting period poverty.

Sincerely,



Ratidzo Mutangadura (MBBS), Dr
Chairperson

OUR OBJECTIVES AND ACTIVITIES

OBJECTIVES

1. Raise awareness about the shortage of sanitary wear in Zimbabwe
2. Educate the public about the health risks associated with poor sanitary practices
3. Educate the public about the cost-effective use of reusable menstrual wear.
4. Teach young girls how to make hand-made sanitary wear.

ACTIVITIES

1. Pundutso Youth Guidance and Mental Health and Chengetai collaboration in Mhondoro,Ngezi, Mashonaland West
2. Launch of Instagram series 'And That's on Period.'
3. Thanksgiving campaign with Ngonidzashe in partnership with Dough By Zo, Keep, Black Bean, Natai Natai, ElectroX, Transnational Logistics
4. Ongoing ECO-friendly pad project in collaboration with Simuka
5. Foundation of Hope Organisation Outreach
6. Ngonidzashe and Lords Orphanage Outreach
7. Zimbabwe Medical Students Association pad making teaching session.
8. Updated 'About Us' launch

UPCOMING EVENTS

1. Ongoing ECO - friendly pad project

VICE CHAIRPERSON'S REPORT



Tinashe Chikava

Accountant (CIMA ADV Dip MA)

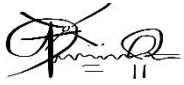
The 2021-2022 Chengetai year was quite an interesting one as it had fewer surprises as compared to the previous year. This year marked the curtailing of most of the global lockdown regulations as we saw the world slowly get back on its feet after the most devastating Covid-19 pandemic. Chengetai had obviously been affected by the pandemic as most of the outreaches were done on the virtual space. Nevertheless, as things gradually returned to normalcy, Chengetai could not help it but to reinstate the Traditional physical outreaches as the nation opened up. Although only two physical outreaches were executed towards the end of the year, it is safe to say that much impact was brought to the lives of young vibrant girls and elderly women that do not have easy and convenient access to sanitary wear.

With Chengetai being compelled to have most of its activities online for the greater part of the year, we saw this as an opportunity to expand our sphere of influence through the virtual space. The most comprehensive activity that Chengetai embarked on was the "And That's on Period" Instagram Series that kickstarted in August 2021. This pioneered great conversations with a number of esteemed guests from various spheres of life. These conversations focused on a number of issues to do with menstrual hygiene and provided a great deal of insights around the plight of Chengetai and its importance towards serving the community around us. It is also important to note that men also participated in some of the "And That's on Period" conversations which fosters Chengetai's vision of destigmatizing the status-quo that has blemished men involvement in most, if not all women-related issues, of which Menstrual Hygiene Management is not an exception. These conversations have broadened Chengetai's mission base towards the achievement of the Sustainable Development Goals namely, Good Health and Well-Being (SDG 3), Gender Equality (SDG 5) and Clean Water and Sanitation (SDG 6) by igniting a new perspective especially towards our youth that the creation of a more sustainable community begins with all of our individual action, whether small or big, right away!

Chengetai celebrates being able to pursue its mission and vision despite all the circumstances. Regardless of an unfavourable national and/or economic situation throughout the year, the goal to bring sustainability to young girls in Zimbabwe through menstrual hygiene has driven the Chengetai Team against all the odds. It is through such zeal and

passion that Chengetai continues to take strides in the right direction and excited for a prosperous and sustainable future!!!

Sincerely,

A handwritten signature in black ink, appearing to read 'Tinashe Chikava', with a stylized flourish at the end.

Tinashe Chikava, (CIMA ADV Dip MA), Mr
(Vice-Chairperson)

TREASURER'S REPORT



Tafadzwa Saburi

Business Analyst (Bsc Accounting and Finance)

The third financial report and year for Chengetai was from April 2021 to March 2022. As a nonprofit organisation we mainly receive income through donations, and collaborations with different organisations. The pandemic did affect our fundraising efforts however, we still had donations from individuals amounting to \$115. The expenses we incur are mainly with the outreaches and usually are the tools we need to educate people on how to make reusable pads. The costs of the outreaches was more compared to the donations received hence a loss of \$150. In the upcoming financial year we hope to have a fundraising event. The terms below are defined to assist with understanding our finances and are highlighted in the profit or loss statement highlight.

Revenue- money raised from donations by individuals

Cost of Sales- expenses incurred during the financial year for our events and outreaches, including purchasing of material, sewing equipment and snacks at the outreach.

Administrative expenses- costs associated with general services such as phone bill and parking tickets.

Tax expense- as a charity there is a tax exemption

We believe that Chengetai was affected by the pandemic and the restrictions on gathering hence a low revenue from the absence of fundraising events.

Sincerely,

Tafadzwa Saburi (Bsc Accounting and Finance), Miss
(Chengetai Treasurer)

FINANCIAL STATEMENTS

<u>Chengetai Statement of profit or loss for the year ended 31 March 2022</u>		
	\$	\$
	2021/22	2020/21
Revenue	115	447
Cost of Sales	(265.20)	(311)
Gross profit	(150)	136
Administrative expenses	(0)	(35)
Operating Profit	(150)	101
Tax expense	(-)	(-)
Profit for the year	(150)	101

OUTREACH AND EVENTS REPORT



Nyasha Mvumi
(Medical Doctor (MBChB))
Outreach and External Relations
Coordinator



Kudzaishe Mtasa
(BA (Hons) Business Studies)
Events and Operations Coordinator

Due to the on-going Covid-19 pandemic 2021/2022 was far from being a normal Chengetai year in terms of outreach and events. With the covid-19 restrictions that were put in place as the year progressed, we only managed to have one outreach in 2021 which took place on the 9th of April where we partnered with Mandara SDA church and Pundutso Youth Guidance and Mental Health (PYGM). The outreach was held in Mhondoro, Ngezi where we trained 100 ladies from 15 different wards. The response and support that we got from the community was overwhelming and it was a great success.

Due to the more relaxed covid19 restrictions, the beginning of 2022 has been more colourful and productive in terms of our outreaches. On the 19th of February we had an outreach in partnership with Foundation of Hope which took place In Epworth and 20 ladies were present. The ladies were mainly young mothers and single mothers and they were grateful for such a program. On the 12th of March we went on to be hosted by Ngonidzashe feeding program and Lords Orphanage in Kambuzuma. It was a very eye opening outreach as we got to interact with the youngest group of ladies that we had ever encountered. We also handed over a small 'care pack' for the first time which contained an underwear and emergency pads which we believe will help the ladies a lot.

We are also grateful for the continued consistent support from our sponsors who make it possible for us to support these communities. Below is the poster used during the outreach. Similarly, to outreach, the events part of Chengetai continued to be prohibited by the mounting lockdowns and restrictions of the Covid 19 pandemic. However, Chengetai continued to keep track of the special days and commemorations, that it acknowledges around the world with its customary calendar that was shared with their ambassadors as well as constantly keeping them in the loop of the events going on during the month with its usual monthly events pamphlet. With 2022 now in full flow, and the world at present trying to put back the setbacks and difficulties of the Covid 19 pandemic behind them and re establish some sense of normalcy similarly to times pre-covid. Chengetai hopes to achieve many exciting initiatives and events

that will continue to propel the organisation as it continues to grow exponentially with menstrual hygiene slowly becoming synonymous with Chengetai amongst the public in Zimbabwe.



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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Special Holidays

2 APR - GOOD FRIDAY

4 APR - EASTER SUNDAY

7 APR - UN WORLD HEALTH DAY

18 APR - INDEPENDENCE DAY ZIMBABWE

CHENGETAI

UPCOMING EVENTS THIS MONTH - BREAST CANCER AWARENESS MONTH

10/10 2021

WORLD MENTAL HEALTH DAY

11/10 2021

INTERNATIONAL DAY OF RURAL WOMEN

LET'S BE AWARE

24/10 2021

UNITED NATIONS DAY


 Nyasha Mvumi (MBChB), Dr
 Outreach Leader


 Kudzai Mtasa (BA (Hons) Business Studies), Mr
 Events and Operations Coordinator

SOCIAL MEDIA AND MARKETING REPORT



Rudo Masendeke

3rd Year MBBS Student

Members

Rudo Masendeke- Social Media and Marketing Coordinator

Sisasenkosi Muguwu

Tatenda Kambeu

Waraidzo Mvumi

Ndaghakyla Mushani

Tinashe Chikava

Ratidzo Mutangadura

Report

As the COVID-19 pandemic continued throughout 2021 Chengetai carried on the strong spirit online. We increased our scope as the social media by the formation of a Social media team from some of the Chengetai Ambassadors. This team included the following Sisassenkosi Muguwu, Tatenda Kambeu, Waraidzo Mubvumu, Ndaghakyla Mushani. Unfortunately, Ndaghakyla had to step down from the team. With the formation of this team, social media was able to run more effectively.

Chengetai formed strong bonds with other youth initiatives such as Tande.zw and Incorporate Zim. In March Chengetai partnered up with Tande.zw and hosted an Instagram vibe hosted by Rudo Masendeke. This event was a great success. We also were voted the most impactful charity by Incorporate zim which led to a wave of support for the public.

Chengetai introduced a new monthly segment called "And That's On Period". This segment focuses on various issues around reproductive health with a focus on menstrual health. We want to educate our followers on period poverty and breakdown period stigma. These are concepts that we cover at great length over 2 - 3 days during our outreaches but thus far have not gotten the opportunity to share the depth of our conversation with those we engage with on our various platforms.

As of January 24, 2022, we have the following across the social media platform

<i>Social Media Platform</i>	<i>Followers</i>	
	2021	2022
Facebook	351	527
Instagram	272	357
Twitter	57	70

SOCIAL MEDIA CAMPAIGNS

- #MotivationMonday Motivational quotes to kick start the week.
- #WellnessWednesday Period tips
- #FantasticFemaleFriday Celebrating women.

AND THAT'S ON PERIOD

- Menstrual Hygiene management with Amanda Nkomo (22/08/21)
- Menstruation vs the Patriarchy with Chenesai Mangoma (01/10/21)
- Advancing Gender Equity by improving Menstrual health with Dr Diana Mandewo (06/11/21)
- Man Up with Tarisiro Fundira (11/12/22)
- Perceptions and Cultural Practices around Menstruation Ayman Sayeed (29/01/22)
- No pads...so what? with Dr. Mutangadura (05/03/22)
- Menstrual leave for period pain with Sandile Nkala (26/03/22)

IMPORTANT ACTION DAYS

- World Humanitarian Day
- International Youth Day
- Africa Day
- World Menstrual Hygiene Day
- Father's Day
- Mother's Day
- International Day of Charity
- International Day of the Girl Child
- International Day of Rural Women
- International Day of Zero Tolerance for Female Genital Mutilation
- International Women's Day



Rudo Masendeke (3rd Year MBBS), Miss
Social Media and Marketing Coordinator



SECTION 3**OUR OTHER IMPORTANT INFORMATION****ACKNOWLEDGMENTS & THANK YOU**

Chengetai gratefully acknowledges the unwavering support of our donors and well-wishers who made our events both online and face-to-face event and other outreaches in the 2020-2021 year successful. It would not have been possible without their core support (financial and otherwise). We Thank You!

Donors

Mr E.F Mutangadura
Mrs T Mutangadura

Grants and funding

Sandra Terera Bohler
Dough by Zo

Corporate & community partners

Pundutso Youth Guidance and Mental Health (CBO)
Simuka
Incorporate Zim
DORCAS ladies association
Foundation of Hope Organisation
Ngonidzashe
Lords Orphanage
Dough By Zo
Keep
Black Bean
Natai Natai
ElectroX
Transnational Logistics

Volunteers

Mrs Theresa Mutangadura
Mrs Chirimuuta
Waraidzo Mvumi
Tatenda Kambeu

Guests

Amanda Ngcono Nkomo
Chenesai Mukora - Mangoma
Diana Anashe Mandewo
Tarisiro Fundira
Ayman Sayyed
Tanatswa Mutangadura
Sandile Nkala

HOW YOU CAN HELP

Become a member

Contact us using any of the details and we will inform you on the availability of memberships

Become an ambassador

Contact us using any of the details and we will inform you on the availability of ambassadorship

Volunteer your time

We will notify the public about upcoming events and participation opportunities

Make a donation

EcoCash: +263 778 182 406 - Recipient: Ratidzo M Mutangadura

PayPal Account: cchengetai27@gmail.com

Standard Bank Account: Please contact for further details

Support an event or fundraising activity

Contact us using the details that follow

Other ways you can help our cause

Get in touch and find out more!

LOOKING TO THE FUTURE

As Chengetai continues to grow and fulfil the intended objectives, through the unwavering community support, we see our growth having an impact beyond our borders.

Through increased community involvement, this will be possible.



CONTACT US

Cell phone number: + 263 778 182 406

Email: info@chengetaiofficial.com

Social media:

Facebook: <https://m.facebook.com/Chireremangwanachigozokurerawo>

Instagram: [cchengetai27official](https://www.instagram.com/cchengetai27official)

Twitter: [Chengetai27](https://twitter.com/Chengetai27)

YouTube: [Chengetai](https://www.youtube.com/Chengetai)

