



CHENGETAI ANNUAL REPORT 2023 -2024



PURPOSE

The purpose of Chengetai is to provide reproductive health education, improve ease of sustainable access to sanitary wear for girls who are unable to have a smooth sail during 'that time of the month' and to provide the necessary Menstrual Hygiene Management education and skills to the global community at large.

MISSION STATEMENT

To recreate an inclusive and sustainable society in which a lack of comprehensive reproductive health education and the natural phenomenon of menstruation does not impede people from reaching their full potential.

VISION

Every person will have access to comprehensive reproductive health education and every girl and woman will have access to menstrual hygiene tools and education in a society that is free of period poverty.



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ABOUT CHENGETAI



Chengetai is a charity organisation currently based in Zimbabwe. We work to teach communities about various aspects of reproductive health with our main focus being menstruation, menstrual hygiene management (MHM) and teaching those who struggle to obtain sanitary wear how to make their own hand made pocket friendly reusable sanitary wear. Our motto is “Chirere mangwana chigozokurerawo”, which loosely translated, is to “Nurture a child today, tomorrow they will nurture a nation ”.

We have seen that our very modest and religious communities tend to shy away from discussions regarding reproductive health due to their perceived sensitive nature. This has greatly impacted our communities in a host of ways that have short, intermediate and long term consequences. For example, shelving the discussions on menstruation impacts the girls in various spheres of their lives including and not limited to continuous education, available sanitary facilities, freedom of movement and lack of confidence. We have seen that opening up this conversation and including men is pivotal to our progress as a community. Only then can we ensure that the issue is being acknowledged and subsequently tackled from every possible angle.

OUR TEAM



Ratidzo Mutangadura
Chairperson



Tinashe Chikava
Vice Chairperson



Tafadzwa Saburi
Treasurer



Nyasha Mvumi
Outreach Co-ordinator



Kudzai Mtasa
Operations Co-ordinator



Rumbidzai Mutangadura
Secretary

SUB- TEAM MEMBERS



Dr Sisasenkosi Muguwu
Social Media Team



Dr Towera Mwanamanga
Publications Team

VOLUNTEERS



Miss Rudo Masendeke
Outreach Volunteer



Dr Tanatswa Mutangadura
Outreach Volunteer



Mrs Theresa Mutangadura
Outreach Volunteer

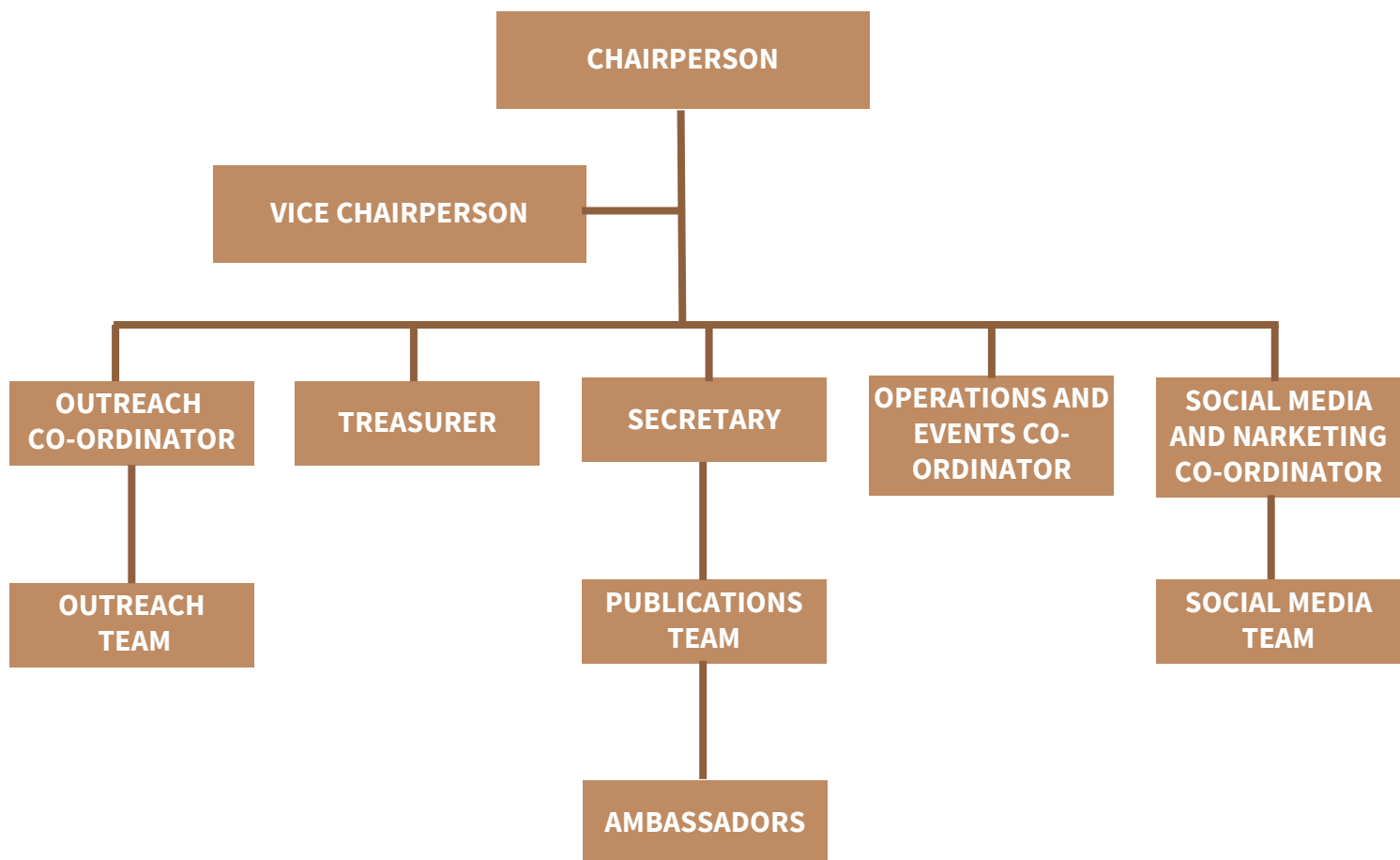
AMBASSADORS



- Tanaka Chibaya
- Rufaro Gora
- Tatenda Kambeu
- Amanda Khupe
- Rudo Masendeke
- Valerie Matema
- Sisasenkosi Muguwu
- Tanatswa Mutangadura
- Theresa Mutangadura
- Towera Mwanamanga
- Waraidzo Mvumi
- Hlengiwe Ncube
- Rudaviro Nzenze
- Charmaine Sanyika
- Tatenda Serere
- Janet Simonsen
- Sandra Terera



GOVERNANCE



CHAIRPERSON'S REPORT



Dr. Ratidzo Mutangadura

2023 – 2024 was a very exciting year as Chengetai completed 5 active years! None of the work that we do would be possible without the Chengetai community that has continued to support the work we do allowing us to contribute towards the eradication of period poverty. The past year has marked the beginning of our transition from solely addressing menstrual hygiene management to also handling other issues in the reproductive health field.

During the year we took on long term partnerships that would allow us the room to adapt our programs to suit the groups we will be working with. We also realised that in as much as we were carrying out our outreaches, there were populations that we needed to pay particular attention to. We began our partnership with Deaf Zimbabwe Trust in September of 2023. We had the privilege of working with the young women from their school as well as the Caledonia Community. The Caledonia Community is one of people with different abilities. This opened our eyes to issues to do with communication and capacity barriers and highlighted the importance of inclusivity and adaptability of our teaching sessions. In January 2024, we began our partnership with Tererai Trent International. We did a teaching session at Matau High School in Hurungwe which was the first of many to come.

We also completed the second season of our Instagram Live Series 'And that's on Period.' The season covered menstrual disorders affected by and affecting menstruation such as endometriosis, polycystic ovarian syndrome (PCOS), premenstrual syndrome (PMS) as well as recapping the first season. The main emphasis was to encourage women to seek professional help as what may be deemed normal could potentially have long term consequences if not addressed in a timely manner. We also continued our weekly campaigns, namely, #MotivationMonday, #WellWednesday and #FunFactFriday. As part of our community sensitisation, we had the opportunity of having a discussion on 3KTV about our work on one their breakfast shows. It is instrumental that we not only do our community outreaches but that we also reach people who may not be aware of period poverty.

CHAIRPERSON'S REPORT



We always emphasise that our supporters are a big reason that Chengetai is still running five years later. This is why we like to keep you all updated on what we do regularly. Our newsletters are the means that this is done. We realise that everybody is busy and this is a compact way within which you all continue to know what would have taken place in the previous month,.

Our team members work tirelessly to ensure that what is seen by the public is a reflection of what happens behind the scenes. Staying on top of our operations and finances is essential for keeping Chengetai running so smoothly and we are beyond grateful for the effort that goes into the day to day running of Chengetai.

In conclusion, none of the work we do would be possible without our Chengetai family at large. We look forward to many more years of Chengetai expanding our borders.

Dr Ratidzo Mutangadura

Medical Doctor (MBBS)

Chairperson

STRATEGIC OBJECTIVES

1. Raise awareness about the inadequate reproductive health education and shortage of sanitary wear.
2. Educate the public about the health risks associated with limited reproductive health education and poor sanitary practices.
3. Educate the public about the importance of comprehensive reproductive health education and cost effective use of reusable menstrual wear.
4. Teach young people about their right to comprehensive reproductive health education.
5. Teach young girls how to make hand-made sanitary wear.

ACTIVITIES

- 3KTV Interview
- Caledonia community outreach
- Deaf Zimbabwe Trust Outreach
- Matau High School Outreach





TREASURER'S REPORT



Miss Tafadzwa Saburi

The fifth financial report and year for Chengetai was from April 2023 to March 2024. As a nonprofit organisation we mainly receive income through donations, and collaborations with different organisations. We managed to have an outreach with 24 women of different disabilities from the Deaf Zimbabwe Trust, 32 from the Caledonia Community and 33 from Matau Highschool. At the outreaches we provided participants with the necessary material and equipment to make sustainable pads. The overall expenses throughout the year were \$207 and managed to get donations of \$31.17.

The Paypal account had donations worth \$397 in the prior year which we are currently working on to withdraw.

The terms below are defined to assist with understanding our finances and are highlighted in the profit or loss statement highlight.

Accounting policies

1.1. General Information

Chengetai is a charity organisation based in Zimbabwe. The organisation receives funds through donations and fundraisers to conduct outreaches in various communities in Zimbabwe where women are taught about various aspects of reproductive health and teaching those who struggle to obtain sanitary wear to make their own hand pocket friendly reusable sanitary wear.

1.2. Basis of Preparation

The financial statements are based on statutory records that are maintained under the historical cost convention. The principal accounting policies adopted in the preparation of the financial statements comply, in all material respects, with the cash receipts and payments basis.



TREASURER'S REPORT

1.3 Presentation Currency

The financial statements are expressed in United States Dollars (USD) which is the functional and the presentation currency.

1.4 Income

Income comprises of the fair value of the consideration received from donations and fundraising activities.

Income is accounted for on a receipt basis.

1.5 Expenditure

Expenditure is accounted for on a cash basis.

Miss Tafadzwa Saburi

Business Analyst (Bsc Accounting and Finance)

Treasurer



FINANCIAL STATEMENTS

Statement of income and expenditure for the year ended 31 March 2024			
	Notes	2023/24 USD	2022/23 USD
Income	2	31	1 851
Expenditures			
Purchase of outreach material		(207)	(878)
Administrative expenses		-	-
(Deficit)/Excess of income over expenditures		(176)	973

Statement of financial position as at 31 March 2024			
		2023/24 USD	2022/23 USD
ASSETS			
Current assets			
Cash and cash equivalents	3	522	698
Total assets		522	698
FUNDS			
Accumulated funds		522	698
Total funds		522	698



FINANCIAL STATEMENTS

Notes to the financial statements for the year ended 31 March 2024

	2023/24 USD	2022/23 USD
2 Income		
Donations	31	397
Ticket sales	-	1 344
Cake auction	-	110
	<u>31</u>	<u>1 851</u>
3 Cash and cash equivalents		
Cash at bank	60	60
Cash on hand	65	241
Paypal	<u>397</u>	<u>397</u>
	<u>522</u>	<u>698</u>

OUTREACH AND OPERATIONS REPORT



Mr Kudzai Mtasa



Dr Nyasha Mvumi

Outreach Initiatives:

Partnership with Deaf Zimbabwe Trust: Our year commenced with a significant collaboration with Deaf Zimbabwe Trust, a voluntary organization advocating for the rights of the deaf and hard of hearing. This partnership enabled us to conduct a two-day outreach from September 27th to 28th, 2023, in the Caledonia community. We engaged with 32 vibrant young ladies, educating them about menstrual hygiene and learning basic sign language, which enriched the experience.

Collaboration with Tererai Trent International Foundation: Our second major outreach occurred on January 5th at Matau High School in Hurungwe, in partnership with the Tererai Trent International Foundation. This foundation empowers rural communities by ensuring all children have access to quality education, irrespective of gender or socio-economic status. We educated 33 enthusiastic young ladies about menstrual hygiene during this event. We deeply appreciate our partners and their unwavering commitment to our mission. We look forward to more collaborative efforts in the coming year. A heartfelt thanks to our sponsors and supporters who made these outreaches possible.

OUTREACH AND OPERATIONS REPORT



OUTREACH AND OPERATIONS REPORT



Operations Overview:

Strategic Plan for 2023/2024:

Mission and Vision: Our mission is to provide affordable, sustainable, and hygienic menstrual hygiene solutions for women in Zimbabwe, improving menstrual health and empowering women. We envision a future where every woman in Zimbabwe has access to safe and environmentally friendly menstrual hygiene products, fostering dignity and empowerment.

Strategic Objectives:

- 1. Core Network Infrastructure and Operations:** Establish a robust supply chain and distribution network for both reusable and disposable menstrual pads. This includes setting up manufacturing units or collaborating with existing manufacturers to ensure a steady supply of quality products.
- 2. Wide-Area Network Infrastructure, Operations, and Collaboration:** Create partnerships with NGOs, women's health organizations, government agencies, and local communities to spread awareness about menstrual health, promote sustainable practices, and facilitate the distribution of menstrual pads across the country.
- 3. Context and Assessment of Current State:** Conduct a comprehensive survey and needs assessment to understand the existing menstrual hygiene practices, challenges faced by women, and the availability and affordability of menstrual products in Zimbabwe. This assessment will serve as the foundation for developing targeted solutions.
- 4. Education and Awareness:** Conduct workshops and educational programs in schools, community centers, and rural areas to educate women and girls about menstrual health and hygiene. Raise awareness about the environmental impact of disposable pads and promote the benefits of reusable alternatives.
- 5. Product Development and Accessibility:** Support the research and development of eco friendly, reusable menstrual pads made from sustainable materials. Establish local production units to ensure accessibility and affordability of both reusable and biodegradable disposable pads. Explore innovative distribution channels, including vending machines and mobile delivery units, to reach underserved areas.
- 6. Advocacy and Policy Support:** Advocate for policies that reduce taxes on menstrual products and provide incentives for manufacturing eco-friendly pads. Collaborate with government agencies to integrate menstrual hygiene education into school curricula.
- 7. Monitoring and Evaluation:** Implement a system for tracking the distribution of menstrual pads to measure the reach and impact of the initiative. Gather feedback from stakeholders to continuously improve the quality and effectiveness of the menstrual pads provided.

OUTREACH AND OPERATIONS REPORT



Progress and Future Outlook:

· **Partnerships with Tererai Trent International Foundation and Deaf Zimbabwe Trust:**

Through our partnerships with the Tererai Trent International Foundation and Deaf Zimbabwe Trust, we are on the path to achieving our first four strategic objectives. These collaborations have enabled us to establish a robust network, create widespread awareness about menstrual health, and conduct educational workshops in various communities. The successful execution of these initiatives is a testament to the strength of our partnerships and our commitment to improving menstrual hygiene practices.

· **Simuka Partnership:** Our strategic partnership with Simuka, although in its early stages, is a positive step towards achieving objectives 5 through 7. By collaborating on the development of eco-friendly, reusable menstrual pads and advocating for supportive policies, we are laying the groundwork for sustainable product development and enhanced accessibility. This partnership will also support our efforts in monitoring and evaluating the impact of our initiatives, ensuring continuous improvement and effectiveness.

We look forward to further growth and achieving our strategic objectives in the coming year. Our efforts to provide sustainable menstrual hygiene solutions and promote awareness will continue to empower women and girls across Zimbabwe.

Mr Kudzai Mtasa
MBA Candidate 25'
Operations Co-ordinator

Dr Nyasha Mvumi
Medical Doctor (MBChB)
Outreach Co-ordinator



SECRETARY'S REPORT



Miss Rumbidzai Mutangadura

The 2023-2024 Chengetai Year was yet another successful year. The publications department saw a rebranding of the newsletters in anticipation for the 5th year anniversary. Despite not having a Ndebele or Shona translation of the newsletters, we were still able to reach a wide audience and saw greater interaction and engagement from ambassadors with the English and Chichewa editions alone.

As Chengetai continued to make partnerships, bi-weekly meeting minutes became an essential part of demonstrating our transparency, collaborative approach and growth. We endeavour to continue with effective and accurate documentation as we continue to expand.

Thank you to the team, ambassadors and community at large for helping us make the change we hope to see in the world. Without you all, none of this would be possible.

Miss Rumbidzai Mutangadura

Neurophysiotherapist (BSc. (Hons) Physiotherapy)

Secretary

ACKNOWLEDGMENTS & THANK YOU



Chengetai gratefully acknowledges the unwavering support of our donors and well-wishers who made our events both online and face-to-face events and other outreaches in the 2023-2024 year successful. It would not have been possible without their core support , financial and otherwise.

We Thank You!

Corporate & Community Partners

- Caledonia Community
- Deaf Zimbabwe Trust
- Tererai Trent International

Volunteers

- Miss Rudo Masendeke
- Dr Tanatswa Mutangadura
- Mrs Theresa Mutangadura

Donors

- Ms Sandra Terera

Guests

- Ms Tinevimbo Matambanadzo
- Ms Waraidzo Mvumi
- Ms Bonolo Monaisa



HOW YOU CAN HELP

Become a member

- Contact us using any of the details and we will inform you on the availability of memberships

Become an ambassador

- Contact us using any of the details and we will inform you on the availability of ambassadorship

Volunteer your time

- We will notify the public about upcoming events and participation opportunities

Make a donation

- EcoCash: +263 778 182 406 - Recipient: Ratidzo M Mutangadura
- PayPal Account: cchengetai27@gmail.com
- Bank Account: Please contact for further details

Support an event or fundraising activity

Contact us using the details that follow

Other ways you can help our cause

Get in touch and find out more



CONTACT US FOR FURTHER INQUIRIES



- Cell phone number: + 263 778 182 406
- Email: info@chengetaiofficial.co.zw
- Social media:
 - Facebook:
<https://m.facebook.com/Chirere-mangwanachigozokurerawo>
 - Instagram: [cchengetai27official](#)
 - Twitter: [Chengetai27](#)
 - YouTube: [Chengetai](#)